

How To Make A Fever & Pain Reducing Decongestant!

Recipe:

2 parts Oregano – available at most grocery stores, Amazon or grow your own

1 part Peppermint – you can find at Walmart or on Amazon- or grow your own

1 part Horehound – you can find at Health Food Store or on Amazon- or grow your own

1 part Mullein – you can find at Health Food Store or on Amazon- or grow your own

Should fill up a 1/2 gallon jar halfway

Then add 100 proof Vodka and let sit in a window for 4 to 6 weeks!

Strain through cheesecloth into Amber or Dark glass bottles and store in a cool dark room or cabinet.

Dosage: One dropper full up to 3 times a day as needed. Can mix with you tea, coffee or other beverage of choice.